PRAMUN XVII | World Health Organization | Topic 1 | Synopsis by Sophia Carrey

Topic #1: Ensuring blood transfusion safety

I. Background Information

Blood transfusions are life-saving procedures in which donated blood is transferred to a person who has experienced severe blood loss or is managing a condition that affects blood health. Patients with illnesses like anemia, often caused by leukemia, kidney disease, or other chronic conditions, may require transfusions to restore healthy blood cell levels. Additionally, individuals with bleeding disorders such as hemophilia may receive transfusions to replenish essential blood components and prevent life-threatening complications.

While around 120 million units of blood are donated each year, there is still a global shortage of blood donations, leaving many in need without access to lifesaving transfusions. Blood donations face logistical challenges because blood cannot be stored indefinitely; as blood ages, its ability to carry oxygen diminishes, making it unusable for patients.

Blood safety is another crucial consideration in transfusion medicine. To ensure that transfusions are safe, donated blood must be rigorously tested for transfusion-transmissible infections such as HIV, hepatitis B and C, and syphilis. The World Health Organization (WHO) has set international standards to guide countries in testing and handling blood. However, many low-income nations face difficulties in implementing these safety measures due to limited access to testing kits and trained personnel, increasing the risk of unsafe transfusions.

There is also a stark disparity in blood donation availability between more and less developed nations. Wealthier nations typically receive seven times the blood donations of lower-income countries. This inequality stems from differences in healthcare infrastructure, awareness campaigns, and donor recruitment systems. In less developed nations, logistical challenges and fewer resources make it difficult to collect, store, and distribute blood efficiently, further exacerbating the gap in access to safe blood transfusions.

Addressing these challenges requires global cooperation to increase donations, improve testing and storage facilities, and ensure equitable distribution. Blood transfusions remain a critical component of modern medicine, but their success depends on the safety and availability of donated blood worldwide.

II. United Nations Involvement

The United Nations, mainly through the World Health Organization (WHO), works to make blood transfusions safer and more widely available worldwide. WHO has encouraged countries to set up national blood collection, testing, storage, and distribution policies. Many countries now have these policies, but challenges remain, especially in poorer regions that lack the necessary infrastructure and resources.

Making sure blood is safe is a key focus for WHO. The organization has guidelines to test all donated blood for diseases like HIV, hepatitis B and C, and syphilis. However, some low-income countries struggle to follow these rules because they don't always have the needed testing equipment or trained staff. This can make blood transfusions riskier in those areas.

Another issue is that many countries don't have enough blood to meet demand. This is especially true in low- and middle-income countries, where hospitals often have to collect their own blood to treat patients. WHO is working to strengthen blood supply systems so that more people have access to the blood they need when they need it.

In emergencies, like natural disasters or conflicts, the need for blood increases, but getting it to patients becomes harder. WHO emphasizes the importance of having plans in place to ensure blood is available during these crises. This includes creating systems to manage and distribute blood quickly and effectively.

Overall, the UN and WHO aim to make safe and reliable blood transfusions accessible to everyone, no matter where they live. However, achieving this goal requires more resources, better infrastructure, and strong cooperation between countries and organizations.

III. Bloc Positions

Global efforts to improve blood transfusion safety are supported by a range of organizations, including the World Health Organization (WHO), the International Federation of Red Cross and Red Crescent Societies (IFRC), the European Blood Alliance (EBA), and regional organizations across Asia and Africa. These groups work to ensure access to safe blood, enhance health systems, and address transfusion-related challenges. While significant progress has been made in developing global standards for blood safety, disparities in access to safe and sufficient blood supplies persist, especially in low- and middle-income countries (LMICs).

Wealthier regions benefit from strong healthcare systems and the work of organizations like the European Blood Alliance, which fosters collaboration between blood establishments in EU member states and neighboring countries. These nations emphasize voluntary, unpaid blood donations and stringent testing protocols to ensure transfusion safety. Advanced storage

technologies and public awareness campaigns further contribute to a stable supply of safe blood. Despite these advantages, even well-resourced countries occasionally face shortages, particularly during emergencies or periods of low donor participation.

In Asia, countries like Japan, South Korea, and China have made significant advancements in blood safety through comprehensive national policies and robust healthcare infrastructure. Organizations such as the Asian Association of Transfusion Medicine (AATM) promote collaboration between Asian nations to enhance blood donation systems, improve safety standards, and share best practices. However, challenges remain in many parts of South and Southeast Asia, where limited healthcare resources, reliance on family or paid donors, and gaps in testing infrastructure pose risks to blood safety. Efforts by WHO and regional health organizations are ongoing to address these issues through education campaigns, capacity-building programs, and the establishment of regional blood networks.

In Africa, where the need for safe blood is particularly acute, many countries face significant challenges, including insufficient blood donation rates, weak infrastructure, and high rates of transfusion-transmissible infections. The African Society for Blood Transfusion (AfSBT) works in partnership with WHO and local governments to improve blood safety and availability across the continent. Initiatives include promoting voluntary blood donation, training healthcare workers in blood safety protocols, and establishing quality management systems in blood banks. Despite these efforts, many African nations continue to experience severe shortages of safe blood, particularly in rural and conflict-affected areas.

In humanitarian crises and conflict zones, the provision of safe blood is even more critical. Organizations such as the IFRC, WHO, and local agencies in both Asia and Africa are actively working to integrate blood transfusion services into emergency response systems. In Africa, for example, blood safety initiatives are incorporated into peacekeeping missions such as the African Union Mission in Somalia (AMISOM) and partnerships like the United Nations-African Union Hybrid Operation in Darfur (UNAMID). In Asia, disaster-prone regions have adopted blood safety measures within broader emergency preparedness frameworks, often supported by the IFRC and regional health authorities.

As the global community continues to prioritize blood transfusion safety, collaboration among regional entities like the Asian Association of Transfusion Medicine, the African Society for Blood Transfusion, and international organizations will be key to addressing inequalities. These partnerships, supported by resource mobilization and knowledge sharing, are essential to achieving equitable access to safe and reliable blood transfusion services for all.

IV. Questions to Consider

- 1. What are the main challenges in ensuring blood safety in both developed and developing countries, and how can countries work together to improve blood storage, testing, and infrastructure?
- 2. How can countries encourage more voluntary blood donations and reduce reliance on paid or family donors, especially in poorer areas, while making sure blood is available in emergencies?
- 3. What steps can be taken to make sure all donated blood is safely tested for infections, and how can countries agree on common standards to improve blood safety worldwide?
- 4. How can organizations like WHO, the IFRC, and regional groups help countries build stronger blood safety systems, especially in areas with weak healthcare or unstable governments?
- 5. How can technology and public awareness campaigns improve blood donation systems, blood storage, and transportation, and how can countries work together to put these ideas into action?
- 6. How can the international community support developing countries with money and expertise to improve blood safety, especially during emergencies or conflicts?
- 7. How can countries make sure their blood transfusion practices follow global standards while considering local cultural, logistical, and financial challenges?

V. Sources

- <u>WHO Blood Transfusion Safety Overview</u>
- <u>WHO Blood Transfusion Fact Sheet</u>
- <u>CDC Blood Safety Basics</u>
- AAMDS Blood Transfusion Safety and Risks
- AABB How the Blood Community Ensures the Safety of Blood in the United States
- European Blood Alliance
- The Asian Association of Transfusion Medicine
- <u>Africa Society for Blood Transfusion</u>
- <u>WHO Eastern Mediterranean Health Journal: Availability and safety of blood transfusion</u> during humanitarian emergencies
- IFRC Promoting Safe and Sustainable National Blood Systems Policy
- IFRC Blood Donation Overview
- NLM Improving blood transfusion safety in resource-poor countries: a case study of using leucocyte reduced blood in Uganda
- International Society of Blood Transfusion
- <u>NIH Addressing Gaps in International Blood Availability and Transfusion Safety in Low</u> and Middle Income Countries

• Frontier in Medicine How Can Eastern/Southern Mediterranean Countries Resolve Quality and Safety Issues in Transfusion Medicine?